

English  
for Rainy  
Days

EXERCISE & ACTIVITY  
BOOK

I'm...	1
Animals	2
Tools	3
Self Esteem	4
Heroes	5
Your Places	6
Trees	7
Friends	8

I m o o o

accurate

happy

adaptable

idealistic

adventurous

jealous

ambitious

generous

calm

noisy

careful

rude

caring

serious

conservative

selfish

cooperative

timid

curious

responsible

decisive

wild

Do you know the names  
of these animals in your  
language?

cod

quinea pig

shrimp

ostrich

grasshopper

sea horse

wabius

lizard

turkey

My favourite tools

Please circle one

or more

- needle
- hammer
- handsaw
- rake
- brush
- tape measure
- garden fork
- machete
- sickle
- scissors
- broom
- spade

# Self Esteem Portrait

Write down twenty things  
you like about  
yourself

Write inside  
the drawing.

Write down the names  
of people, real or fictional,  
whom you consider heroic.

Add some  
descriptions

Write down the names  
of ten places you must  
visit before you die.

Add some  
descriptions



Write down the names of ten trees



1 maple  
2 pine

3

5

7

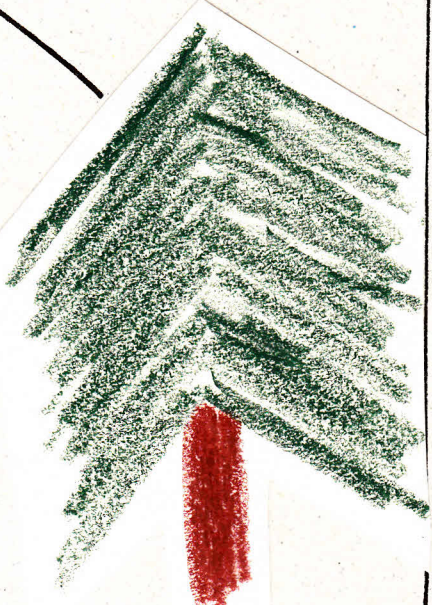
9

10

4

6

8



Quickly write down the  
names of 3 very good friends.

Add some  
descriptions